

Rufforth Primary School – School Dinner Menu and Timetable – Summer 2021

Menu 1				
Monday	Tuesday	Wednesday	Thursday	Friday
Cheese & Tomato Pizza with diced potatoes, seasonal vegetables & bread OR v Vegetable chilli, rice, seasonal vegetables & bread - Peaches and ice cream Fresh fruit and organic yoghurt	Tuna & Sweetcorn Pasta Bake with seasonal vegetables & bread OR v Vegetable Sausages, new potatoes, seasonal vegetables & bread - Fresh fruit and organic yoghurt	Pork & Apple Plait with ½ jacket potato, seasonal vegetables & bread OR v Bean & Vegetable Cobbler, ½ jacket potato, seasonal vegetables & bread - Cheese & crackers with apple Fresh fruit and organic yoghurt	Beef Lasagne with crunchy vegetable sticks & bread OR v Quesadilla (cheese, onion & potato tortilla wrap), with crunchy vegetable sticks & bread - Fruity Gingerbread & custard Fresh fruit and organic yoghurt	Battered fish with chipped potatoes, seasonal vegetables and bread OR v Roast Veg Quiche, chipped potatoes, seasonal vegetables & bread - Date & Oat squares Fresh fruit and organic yoghurt

Menu 2				
Monday	Tuesday	Wednesday	Thursday	Friday
Minced Beef enchiladas with seasonal vegetables & bread OR v Vegetable Cottage Pie, seasonal vegetables & bread - Fresh fruit and organic yoghurt	Cauliflower Macaroni & Cheese with seasonal vegetables & bread OR v Sweet Lentil & Veg Curry and rice - Chocolate crunch with orange Fresh fruit and organic yoghurt	Roast Chicken with sage & onion stuffing, roast potatoes, seasonal vegetables & bread OR v Country Vegetable Bake, mashed potatoes, seasonal vegetables & bread - Fresh fruit and organic yoghurt	Pork Meatballs in tomato sauce & pasta with seasonal vegetables & bread OR v Vegetable Roll with chipped potatoes, seasonal vegetables & bread - Raspberry bun & cheese Fresh fruit and organic yoghurt	Crunchy Fish Nibbles with potato wedges, seasonal vegetables & bread OR v Cheese & Tomato Pasta, seasonal vegetables & bread - Marble berry sponge & chocolate sauce Fresh fruit and organic yoghurt

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Menu 3				
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Korma & rice with seasonal vegetables & bread OR v Potato, Spinach & Leek Bake, seasonal vegetables & bread -	Sausage, mash & gravy with seasonal vegetables & bread OR v Vegetable Lasagne, seasonal vegetables & bread -	Minced Beef & Yorkshire pudding with mash, seasonal vegetables & bread OR v Baked Mexican Wrap, seasonal vegetables & bread -	Chicken & broccoli pasta with seasonal vegetables & bread OR v Cheesy Vegetable Pie with diced potatoes, seasonal vegetables & bread -	Fish Fingers with baked beans, chipped potatoes, seasonal vegetables & bread OR v Veggie Burger in a bun, baked beans, seasonal vegetables & bread -
Fresh fruit and organic yoghurt	Apple crumble & ice cream Fresh fruit and organic yoghurt	Fresh fruit and organic yoghurt	Krispie cereal bar Fresh fruit and organic yoghurt	Banana brownie Fresh fruit and organic yoghurt

Week commencing	Week commencing
12 th April 2021	Menu 1
19 th April 2021	Menu 2
26 th April 2021	Menu 3
3 rd May 2021	Menu 1
10 th May 2021	Menu 2
17 th May 2021	Menu 3
24 th May 2021	Menu 1
HALF TERM 31st May 2021	
7 th June 2021	Menu 2
14 th June 2021	Menu 3
21 st June 2021	Menu 1
28 th June 2021	Menu 2
5 th July 2021	Menu 3
12 th July 2021	Menu 1
19 th July 2021	Menu 2